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29th March, 2021

Dr Ruth Jack
University of Nottingham

Dear Dr Jack,

Reference	OX69
Title	Seasonal trends in antidepressant prescribing, depression, anxiety, and self-harm in adolescents and young adults: study using UK primary care data
Chief Investigator	Dr Ruth Jack
Date Scientific Committee	Reviewed outside of meetings, decision given via email
Outcome	Approval
Date of Approval	29 th March 2021
Duration of Approval	Until 19 th April 2022
Special Conditions of Approval	None
Amendment number	1

Thank you for submitting your application to QResearch.

Scientific Opinion

The members of the committee taking part in the review gave a favourable scientific opinion of the application on the basis of the application form submitted to QResearch. The committee is satisfied that the research is appropriately designed in relation to its objectives and is likely to add something useful to existing knowledge in accordance with section 4.1.2 of the ethical conditions for QResearch.

<https://www.qresearch.org/media/1155/257790-18em0400-qresearch-conditions-of-ethical-approval-27122018.pdf>

QResearch is a Research Ethics Approved Research Database and therefore this also constitutes research ethics approval. Please quote REC reference (18/EM/0400) in any publication arising from this work.

Data Access

Subject to funding and relevant Data Sharing Agreements, the dataset requested will be provided to you.

Approved documents

The Nuffield Department of Primary Care Health Sciences is part of the NIHR School for

Primary Care Research. Head of Department: Professor Richard Hobbs FRCGP FRCP FESC FMedSci



The documents reviewed via email were:

Document	version	Date
Notice of substantive amendment	V1.0	26/03/2021



Prof. Stavros Petrou
Deputy Chair of QResearch Scientific Committee