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3rd November, 2020

Dr Carmen Piernas-Sanchez
University of Oxford

Dear Dr Piernas-Sanchez,

Reference	OX22
Title	Dietary or weight loss advice for hypertension and diabetes in primary care
Chief Investigator(s)	Dr Carmen Piernas-Sanchez
Date Scientific Committee	Reviewed by the chair of the QResearch Scientific Committee, decision given via email
Outcome	Approval
Date of approval	3 rd November
Duration of approval	Until 30 th June 2021
Special conditions of approval	None
Amendment number	2

Thank you for submitting your application to QResearch.

Scientific Opinion

The members of the committee taking part in the review gave a favourable scientific opinion of the application on the basis of the application form submitted to QResearch. The committee is satisfied that the research is appropriately designed in relation to its objectives and is likely to add something useful to existing knowledge in accordance with section 4.1.2 of the ethical conditions for QResearch.

<https://www.qresearch.org/media/1155/257790-18em0400-qresearch-conditions-of-ethical-approval-27122018.pdf>

QResearch is a Research Ethics Approved Research Database and therefore this also constitutes research ethics approval. Please quote REC reference (18/EM/0400) in any publication arising from this work.

Data Access

Subject to funding and relevant Data Sharing Agreements, the dataset requested will be provided to you.

Approved documents

The documents reviewed via email were

Document	version	Date
Notice of substantive amendment	1	02/11/2020

Membership of the Committee

The members of the scientific committee who took part in the review are listed on the attached sheet.

Amendments and changes in responsibility

Any changes to the protocol or responsibility of the applicants for the conduct of the research should be notified to QResearch@phc.ox.ac.uk



Prof. Rafael Perera
Chair of QResearch Scientific Committee

Enclosures:

- List of names and professions of members who took part in the review
- Notice of substantive amendment

Copy to:

Prof Julia Hippisley-Cox, Chief Investigator of QResearch

List of names and professions of members who took part in the review

Name	Profession	Notes (including any COI declared where member left discussions)
Professor Rafael Perera	Professor of Medical Statistics	Chair